

Green Monday

健康綠色星期一

Let's have a healthy and environmentally friendly living starting every Monday!
Club Bel-Air presents you a selection of plant-based diets—an easy and effective way
to improve our health, reduce carbon footprint
and slow down global warming.

健康環保生活由星期一開展！貝沙灣會所逢星期一推出精選素食，輕鬆改善健康，
減少碳足跡和延緩地球暖化。

Items

港幣/ HKD

皮蛋酸薑麻醬凍豆腐

\$88

Beancurd with Preserved Egg and Pickled Young Ginger in Sesame Sauce

黑蒜鹽麴麻醬涼拌鮮蘆筍

\$128

Chilled Green Asparagus with Creamy Sesame Koji Sauce and Black Garlic

紅菜頭番茄湯伴香草醬

\$88

Beetroot and Tomato Soup with Pesto

川味麻香炒秋葵

\$88

Sautéed Okra with Sichuan Peppercorn

甜酸雞脾菇

\$98

Braised King Oyster Mushroom with Sweetened Vinegar

原個番茄釀糙米飯香菇瓜粒湯

\$108

Tomato Stuffed with Brown Rice in Melon and Mushroom Soup