

Green Monday

健康綠色星期一

Let's have a healthy and environmentally friendly living starting every Monday!
Club Bel-Air presents you a selection of plant-based diets—an easy and effective way
to improve our health, reduce carbon footprint
and slow down global warming.

健康環保生活由星期一開展！貝沙灣會所逢星期一推出精選素食，輕鬆改善健康，
減少碳足跡和延緩地球暖化。

Items	港幣/ HKD
腐乳醬拌青瓜 Chilled Cucumber with Fermented Beancurd Sauce	\$88
藜麥意大利青瓜車厘茄沙律配日式芝麻醬 Quinoa and Zucchini Salad with Sesame Dressing	\$98
墨西哥素辣湯 Spicy Mexico Vegetarian Soup	\$88
醬油茄子 Fried Eggplant with Soy Sauce	\$88
咖喱番茄秋葵配印度飯 Basmati Rice with Okra, Onion and Tomato in Curry Sauce	\$98
松子菜粒黑松露炒飯 Fried Rice with Vegetables, Pine Nuts and Truffle Paste	\$118