

Green Monday

健康綠色星期一

Let's have a healthy and environmentally friendly living starting every Monday!
Club Bel-Air presents you a selection of plant-based diets—an easy and effective way
to improve our health, reduce carbon footprint
and slow down global warming.

健康環保生活由星期一開展！貝沙灣會所逢星期一推出精選素食，輕鬆改善健康，
減少碳足跡和延緩地球暖化。

Items	港幣/ HKD
茨實淮山粥 Congee with Chinese Yam and Seed	\$68
養生濃湯燴鮮菇 Braised Mushroom with Broth	\$88
野菇味噌湯 Miso Soup with Assorted Mushroom	\$88
涼伴茄子 Chilled Eggplant with Spicy Vinaigrette Dressing	\$88
焗松露番茄大磨菇 Baked Portobello Mushroom with Truffle Paste and Tomato	\$108
藜麥雅支竹牛油梨沙律 Quinoa, Artichoke and Avocado Salad	\$128