

# Green Monday

## 健康綠色星期一

Let's have a healthy and environmentally friendly living starting every Monday!  
Club Bel-Air presents you a selection of plant-based diets—an easy and effective way  
to improve our health, reduce carbon footprint  
and slow down global warming.

健康環保生活由星期一開展！貝沙灣會所逢星期一推出精選素食，輕鬆改善健康，  
減少碳足跡和延緩地球暖化。

Items	港幣/ HKD
腐乳醬拌青瓜 Chilled Cucumber with Fermented Beancurd Sauce	\$88
皮蛋酸薑麻醬凍豆腐 Cold Beancurd with Preserved Egg and Pickled Young Ginger in Sesame Sauce	\$88
紅菜頭番茄濃湯 Beetroot and Tomato Soup	\$88
青菜煨麵 Stewed Noodles with Vegetables in Soup	\$98
香芒牛油梨磨菇香草沙律 Mango, Avocado and Mushroom Salad	\$118
松子菜粒黑松露炒飯 Fried Rice with Vegetables, Pine Nuts and Truffle Paste	\$118