

# Green Monday

## 健康綠色星期一

Let's have a healthy and environmentally friendly living starting every Monday!  
Club Bel-Air presents you a selection of plant-based diets—an easy and effective way  
to improve our health, reduce carbon footprint  
and slow down global warming.

健康環保生活由星期一開展！貝沙灣會所逢星期一推出精選素食，輕鬆改善健康，  
減少碳足跡和延緩地球暖化。

Items	港幣/ HKD
綠豆馬蹄甘筍薄荷清湯 Mung Bean, Water Chestnut and Carrot Broth with Mint	\$78
鮮百合雲耳勝瓜炒露筍 Stir-fried Fresh Lily Bulbs, Black Fungus, Luffa and Asparagus	\$98
芝士泡菜滑蛋炒韓國年糕 Fried Korean Glutinous Pudding with Cheese, Kimchi and Egg	\$98
南瓜番茄麵豉湯稻庭烏冬 Inaniwa Udon with Pumpkin and Tomato in Miso Soup	\$108
甜豆青瓜椰子意大利飯 Green Pea, Zucchini and Coconut Risotto	\$118