

Zero waste is simple, redesign use of resource so to diminish amount of waste!
重新檢視資料使用方式，盡量減少棄置，達至零廢棄生活!



10 TIPS for Zero Waste Lifestyle

零廢棄生活模式 10個小貼士

Refuse 拒絕

1. Down with Disposables 不用即棄用品
2. Go Digital 電子化減少紙張使用量



Reduce 減少

3. DIY Cleaning Supplies and Own Cosmetics
DIY 清潔及護理用品
4. Buy in Bulk 大量採購
5. Bring your own container and reusable bottle
自備餐盒及循環再用水樽
6. Replace paper towels with cloth 以抹布代替紙巾



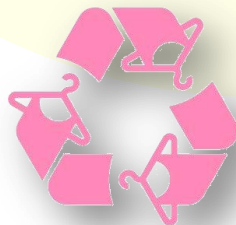
Reuse 再用

7. Creative uses for mason jars 將玻璃瓶物盡其用
8. Utilize Leftovers 善用廚餘



Recycle 回收

9. Take Care of Clothes 妥善存放衣物
10. Donate unused items or
捐贈舊衣或於二手店購買衣物



Green Household Cleaning 綠色家居清潔錦囊

Get ready for new year, let's start cleaning our home with few ingredients, safe and environmental friendly cleaning items! 我們為您帶來下列製作簡單、安全又環保的清潔小錦囊，讓您輕鬆清潔家居迎接新一年!

Foaming Hand Soap 洗手皂液

1/3 cup 杯 Unscented Liquid Castile Soap 無味橄欖皂液

10-12 drops 滴 Essential Oil* 精油

*Thieves oil for natural anti-viral, anti-bacterial

可使用有天然抗菌作用的小偷精油

Some 適量 Distilled Water 蒸餾水



Multi Surface Spray Cleaner 多用途清潔劑

1/2 tsp 茶匙 Washing Soda 清潔用梳打

1/2 tsp 茶匙 Castile soap 橄欖皂液

2 cups 杯 Warm Water 溫水

15 drops 滴 Lemon Oil 檸檬油

Mix well until washing soda dissolves. 拌勻至梳打粉溶解即可

Bug Spray 驅蟲劑

Some 適量 Almond Oil or V6 Oil 杏仁或V6油

5 drops 滴 Purification 淨化精油

5 drops 滴 Citronella 香茅

3 drops 滴 Lavender 薰衣草



Disinfecting Spray (toilet) 洗手間用消毒噴霧

1/2 cup 杯 Hydrogen Peroxide 雙氧水

1/2 cup 杯 Lemon Juice 檸檬汁

18 cups 杯 Water 水

15 drops 滴 Essential Oil 精油

Upcoming Event 活動預告

Christmas Toys Program 聖誕玩具回收活動

Now 即日 - 11.01.2017

Empty your cupboards, bring us your toys that no longer use, let's share our love with the needy during this festive season 把仍然新淨完好的玩具贈予有需要小朋友，於這歡樂的節日時光一起分享愛和歡欣!



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